State Grand Finals 2017

Melissa Brailey
Grand Champion Girl 2016

EDITH PARSONS
SCHOOL OF PHYSICAL CULTURE

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Edith Parsons
School of Physical Culture

SYDNEY TOWN HALL | SUNDAY 25 NOVEMBER 2017

2016 GRAND CHAMPION GIRL

Melissa Brailey

TUGGERAH LAKES

When did you start Physi?

I've been doing Physi for 35 years now, after starting at the age of four. I began with the Blaxland club up until we moved when I was around 7 years old, and then joined Gosford Wamberal (now Tuggerah Lakes).

What are your favourite things about Physi?

Physi has given me life-long friendships. I've met different people, enjoyed the challenges and the technical aspect, and also the disposition that Physi gives and encourages you to have.

Tell us about your preparation for competitions

I attend classes twice a week, and also attempt to train twice a week as if I were competing. I try and do additional classes or fitness training, but sometimes with a young family it isn't always easy to attend additional gym or classes, so I practise at home when it suits me. I also attend Interclubs and if possible, acquire a new leotard.

Do you have a Physi role model? Who and why?

When I was a junior I was always in awe of the Seniors at club level. Also, I used to love watching my teacher, Louise Phillips, on stage and was so proud to watch her performing thinking, WOW, that's my teacher up there.

At competitions, I always loved to watch Leanne Henderson. I remember thinking that I wanted to be able to do Physi like her, and loved her strength and control. She made it look effortless and seemed to be enjoying every moment.

Do you have any secrets for Physi you'd like to share?

- **Train hard** - do extra Physi or fitness classes to help with stamina
- **Love** what you do
- **Work hard** on your weaknesses rather than using them as an excuse
- **Warm up well** before class and competitions

What or who inspires you?

Watching my daughter is something I love to watch and be involved with. And I love teaching also.

What does being a champion mean to you?

- Enjoying Physi
- Achieving my personal goals
- Working hard
- Setting a good example
- Love of Physi

Program

9 YEARS
7 YEARS
FIRST YEAR INTERMEDIATE SENIORS
13 YEARS
5 YEARS
EXTENDED LADIES
12 YEARS
OPEN SENIORS (GROUP 1)
6 YEARS

Interval

OPEN SENIORS (GROUP 2)
10 YEARS
OPEN ADVANCED LADIES
8 YEARS
14 YEARS
SECOND YEAR INTERMEDIATE SENIORS
11 YEARS
15 & 16 YEARS
GRAND CHAMPION GIRL
PARADE OF GRAND CHAMPIONS

Our Master of Ceremonies

Sarah Whyte is a journalist at ABC based in Sydney where she has worked for 7.30, Lateline, Radio Current Affairs and Triple J's Hack program. Before that Sarah worked for the Sydney Morning Herald where has has covered topics from immigration, music and Sydney's A-list parties. Sarah has won two joint Walkley awards for her work on immigration and Bangladeshi sweatshops. In her spare time Sarah competes in ocean swims, plays piano and is attempting to surf.

1 9 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

1st .....
2nd .....
3rd .....
4th .....
5th .....
6th .....
..... Dance

2 7 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

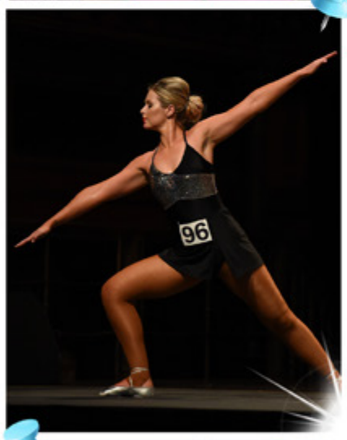
1st .....
2nd .....
3rd .....
4th .....
5th .....
6th .....
..... Dance

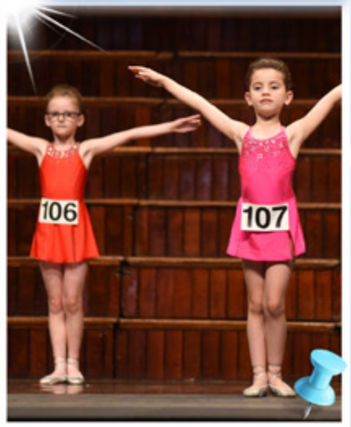
3 FIRST YEAR INTERMEDIATE SENIORS

1	Rachelle Cain	Georges River
2	Gabi Dowler	Woolgoolga
3	Anna Fry	Sawtell
4	Daina Griffin	Tuggerah Lakes
5	Kelsey Hunt	Nambucca Valley
6	Alexandra Levy	Baulkham hills
7	Jasmine McIntosh	Southern Highlands
8	Sophie Morgan	Sawtell
9	Darcie Muir	Southern Highlands
10	Samantha Piperitis	Concord Wesley
11	Caitlin Weller	Baulkham Hills
12	Stephanie Wilson	Tuggerah Lakes

PLACES

1st .....
2nd .....
3rd .....
4th .....
5th .....
6th .....
..... Dance





4 13 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

1st .....
2nd .....
3rd .....
4th .....
5th .....
6th .....
..... Dance

5 5 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

1st .....
2nd .....
3rd .....
4th .....
5th .....
6th .....
..... Dance

6 EXTENDED LADIES

1	Melanie Blomfield	Yarrawarrah
2	Kim Collas	Yarrawarrah
3	Debbie Cutugno	Tuggerah Lakes
4	Suzanne Dean	Tuggerah Lakes
5	Aleisha Dorahy	Yarrawarrah
6	Shannon Gardner-Doyle	Baulkham Hills
7	Alice Hanna	Collaroy Plateau
8	Leanne Henderson	Baulkham Hills
9	Katie Sanders	Yarrawarrah
10	Jo Schaffeur	Coal Point
11	Jodie Anne Stanton	Yarrawarrah
12	Tanya Watson	Yarrawarrah

PLACES

1st .....
2nd .....
3rd .....
4th .....
5th .....
6th .....
..... Dance

>>> PAGE 3

>>> PAGE 4

7 12 YEARS

			PLACES
1	Name 1	Club 1	1st .....
2	Name 1	Club 1	2nd .....
3	Name 1	Club 1	3rd .....
4	Name 1	Club 1	4th .....
5	Name 1	Club 1	5th .....
6	Name 1	Club 1	6th .....
7	Name 1	Club 1	.....
8	Name 1	Club 1	Dance
9	Name 1	Club 1	
10	Name 1	Club 1	
11	Name 1	Club 1	
12	Name 1	Club 1	

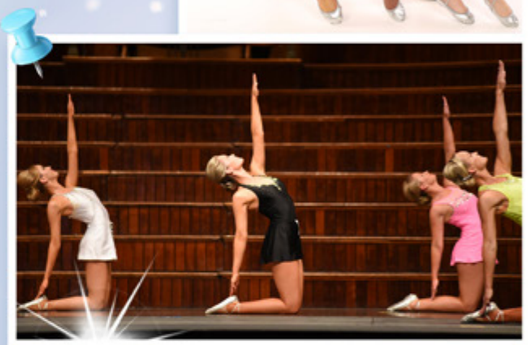
8 OPEN SENIORS (GROUP 1)

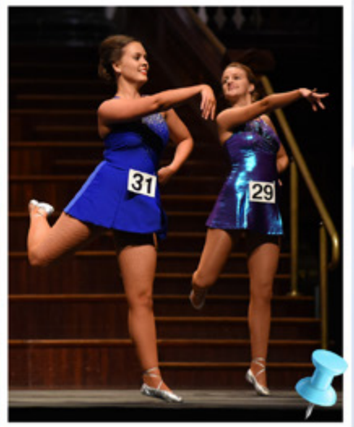
			PLACES
1	Rachael Burke	Yarrawarrah	1st .....
2	Kristy Coulcher	Hunters Hill	2nd .....
3	Elizabeth Davis	Baulkham Hills	3rd .....
4	Elise Heydon	Hunters Hill	4th .....
5	Samantha Indrele	Yarrawarrah	5th .....
6	Amy Jones	Putney	6th .....
7	Monique O'Hara	Yarrawarrah	.....
8	Melanie Pride	Hunters Hill	Dance
9	Jade Ryan	Fairfield City	
10	Jodie Sanderson	Yarrawarrah	
11	Molly Stein	Southern Highlands	
12	Courtney West	Fairfield City	

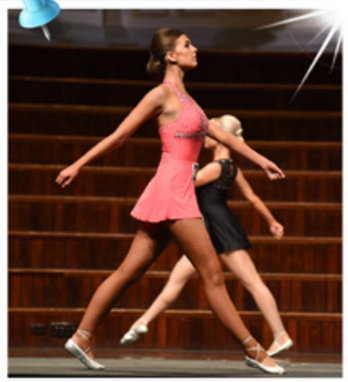
9 6 YEARS

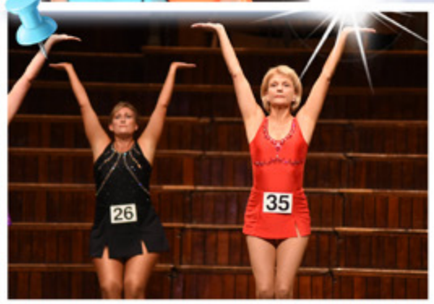
			PLACES
1	Name 1	Club 1	1st .....
2	Name 1	Club 1	2nd .....
3	Name 1	Club 1	3rd .....
4	Name 1	Club 1	4th .....
5	Name 1	Club 1	5th .....
6	Name 1	Club 1	6th .....
7	Name 1	Club 1	.....
8	Name 1	Club 1	Dance
9	Name 1	Club 1	
10	Name 1	Club 1	
11	Name 1	Club 1	
12	Name 1	Club 1	

INTERVAL









10 OPEN SENIORS (GROUP 2)

			PLACES
1	Pele Alt	Yarrawarrah	1st .....
2	Angela Blackman	Baulkham Hills	2nd .....
3	Melissa Brailey	Tuggerah Lakes	3rd .....
4	Lisa Czipri	Blacktown City	4th .....
5	Meredith Faggotter	Baulkham Hills	5th .....
6	Katharine Mills	Lithgow	6th .....
7	Tahlia Morgan	Hunters Hill	.....
8	Ella Nelson	Yarrawarrah	Dance
9	Karlen Pinkstone	Sawtell	
10	Emma Sullivan	Yarrawarrah	
11	Emily Vignes	Nambucca Valley	
12	Sally-Anne Webster	Moorebank St Thomas	

11 10 YEARS

			PLACES
1	Name 1	Club 1	1st .....
2	Name 1	Club 1	2nd .....
3	Name 1	Club 1	3rd .....
4	Name 1	Club 1	4th .....
5	Name 1	Club 1	5th .....
6	Name 1	Club 1	6th .....
7	Name 1	Club 1	.....
8	Name 1	Club 1	Dance
9	Name 1	Club 1	
10	Name 1	Club 1	
11	Name 1	Club 1	
12	Name 1	Club 1	

12 OPEN ADVANCED LADIES

			PLACES
1	Kirsteen Browne	Blacktown City	1st .....
2	Allison Corsiatto	Baulkham Hills	2nd .....
3	Melinda Juhart	Fairfield City	3rd .....
4	Michelle Kerr	Collaroy Plateau	4th .....
5	Karen Leuzzi	Hunters Hill	5th .....
6	Melinda Mills	Lithgow	6th .....
7	Louise Phillips	Tuggerah Lakes	.....
8	Kelly Seward	Concord Wesley	Dance
9	Nikki Smith	Kanella	
10	Kerry Solomon	Lawson/Springwood	
11	Holly Tucker	Woolgoolga	
12	Debbie West	Fairfield City	

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GROUP TRAVEL SPECIALISTS

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Over 15,000 students, teachers and families have travelled with ***Dance Around the World*** to the USA, Asia, Europe and the South Pacific. Many of our groups have already re-booked for their next tour!

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Is there anything more exciting than performing at Disneyland?

For the first time ever, April 2018 will see a group of EP students travelling to Disneyland to perform on stage at Disneyland and California Adventure, Universal Studios, Knott's Berry Farm, Hollywood Blvd and Shopping Mall performances.

Rehearsing regularly throughout the year in preparation, girls travel from the north and south coasts and central west regions to rehearse in Sydney.

This is a first for EP Physi to have the opportunity to participate in such an event, and will be a wonderful experience for all involved.

Our Teachers

Monique O'Hara | STAGE MANAGER

Joanne Logan | TOUR COORDINATOR

Abbey Logan | CHOREOGRAPHER

Debbie West | INSTRUCTOR

Carolyn Frame | INSTRUCTOR

Brigette Muir | INSTRUCTOR

Disney Juniors

Amelie Addison SOUTHERN HIGHLANDS
Miriam Blaikie PUTNEY
Margot Blaikie PUTNEY
Haylee Fisher YARRAWARRAH
Matilda Foran TUGGERAH LAKES

Amelia Quinn BAULKHAM HILLS
Madeline Quinn BAULKHAM HILLS
Amy Simmons MOOREBANK
Mykenzie Smith KANELLA
Lila Smith KANELLA

Disney Intermediates

Amy Cozens BAULKHAM HILLS
Emily Fagan MULGOA VALLEY
Kyah Foran TUGGERAH LAKES
Natalie Grzetic YARRAWARRAH
Amelia Jones HUNTERS HILL
Shalaya Kishoon BAULKHAM HILLS

Isobelle Mooney GEORGES RIVER
Rylee Muir SOUTHERN HIGHLANDS
Ellie O'Sullivan HUNTERS HILL
Sarah O'Sullivan HUNTERS HILL
Jai Pierce KEMPSEY MACLEAY
Desiree Robinson ORAN PARK
Piper Watson BAULKHAM HILLS

Disney Seniors

Jacqueline Cain GEORGES RIVER
Rachelle Cain GEORGES RIVER
Sarah Chambers BAULKHAM HILLS
Sophie Clarke BAULKHAM HILLS
Kristina Grzetic YARRAWARRAH
Abbey Logan YARRAWARRAH

Kia Morgan CUDGEGONG VALLEY
Bridie Muir SOUTHERN HIGHLANDS
Darcie Muir SOUTHERN HIGHLANDS
Georgia Simic YARRAWARRAH
Jaida Smith KANELLA
Stephanie Wilson TUGGERAH LAKES

Interested?

Contact us to find out more!

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E info@dancearoundtheworld.com.au
www.dancearoundtheworld.com.au

Dance Around The World
Dance Tours

13 8 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

1st .....

2nd .....

3rd .....

4th .....

5th .....

6th .....

..... Dance

14 14 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

1st .....

2nd .....

3rd .....

4th .....

5th .....

6th .....

..... Dance

15 SECOND YR INTERMEDIATE SENIORS

1	Samantha Brooks	Yarrawarrah
2	Courtney Browne	Blacktown City
3	Jacqlyn Cain	Georges River
4	Tori Coleman	Blacktown City
5	Alana Conaghan	Hunters Hill
6	Sally Heys	Collaroy Plateau
7	Jessica Kingsley	Blacktown City
8	Abbey Logan	Yarrawarrah
9	Kia Morgan	Cudgegong Valley
10	Caitlyn Robson	Baulkham Hills
11	Georgia Stanton	Yarrawarrah
12	Courtney Treadwell	Korora

PLACES

1st .....

2nd .....

3rd .....

4th .....

5th .....

6th .....

..... Dance

16 11 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

1st .....

2nd .....

3rd .....

4th .....

5th .....

6th .....

..... Dance

17 15 & 16 YEARS

1	Name 1	Club 1
2	Name 1	Club 1
3	Name 1	Club 1
4	Name 1	Club 1
5	Name 1	Club 1
6	Name 1	Club 1
7	Name 1	Club 1
8	Name 1	Club 1
9	Name 1	Club 1
10	Name 1	Club 1
11	Name 1	Club 1
12	Name 1	Club 1

PLACES

1st .....

2nd .....

3rd .....

4th .....

5th .....

6th .....

..... Dance

Congratulations

Grand Champion Girl 2017

.....

GRAND CHAMPION GIRL

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	

19 PARADE OF CHAMPIONS

We congratulate everyone who competed today.

As a conclusion to our afternoon, please sit back and enjoy a very special parade of the winners of all today's sections.

20 ADVANCE AUSTRALIA FAIR

Please join us in the singing of our National Anthem.

We wish you a safe and happy Festive Season.

Photographs of Competitors

Available during the Grand Final

in the foyer

Groups - Individuals - Families

Photos taken on stage are also available

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2017 State Grand Finals

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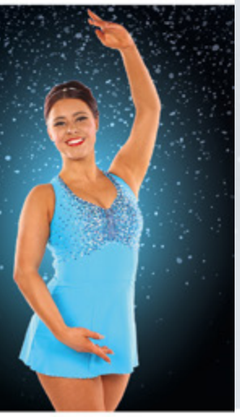


OFFICIAL GENUINE SWAROVSKI STOCKIST

crystalsandmoregalore.com.au

crystalsandmoregalore@gmail.com

Special Thanks

TO JOHN LOGAN
FROM ALL THE PHYSI TEACHERS!!!

Thank you for your dedication over the last 20+ years in catering for the North Coast sound at their main competitions.

Without you the days would not have been as successful.

We really appreciate your time, expertise and dedication.

Edith Parsons Physical Culture

Louise Phillips
PRESIDENT

Debbie West
VICE PRESIDENT

Shirley Bullock
TREASURER

Suzanne Sim
SECRETARY

Board Members

Carolyn Frame

Brigette Muir

Kerry Solomon

5 YEARS
Amity Pistola
YARRAWARRAH

6 YEARS
Poppy Cheesley
YARRAWARRAH

7 YEARS
Ava Newberry
NAMBUCCA VALLEY

8 YEARS
Ruby Goode
COAL POINT

9 YEARS
Mykenzie Smith
KANNELLA

14 YEARS
Heidi McIntosh
SOUTHERN HIGHLANDS

15 & 16 YEARS
Elizabeth Murray
BAULKHAM HILLSVVV

1ST YEAR SENIORS
Darcie Muir
SOUTHERN HIGHLANDS

2ND YEAR SENIORS
Rachel Hammond
COLLAROY PLATEAU

OPEN SENIORS 1
Melissa Brailey
TUGGERAH LAKES

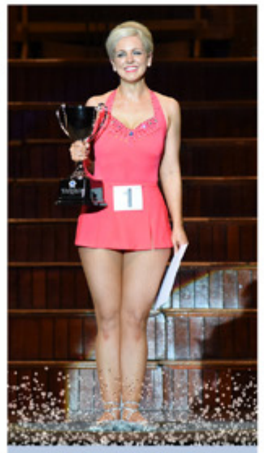
10 YEARS
Larni Rasmussen
YARRAWARRAH

11 YEARS
Sarah O'Sullivan
HUNTERS HILL

12 YEARS
Tanya Roberts
HUNTERS HILL

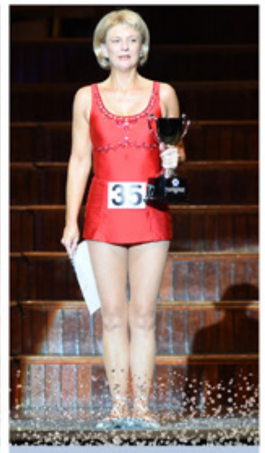
13 YEARS
Isabel Mooney
GEORGES RIVER

2016 CHAMPIONS



OPEN SENIORS 2
Angela Blackman
BAULKHAM HILLS

EXTENDED LADIES
Joanne Schaffer
COAL POINT



OPEN ADVANCED LADIES
Debbie West
FAIRFIELD CITY

GRAND CHAMPION
Melissa Brailey
TUGGERAH LAKES

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